


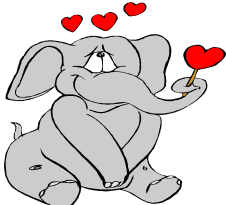

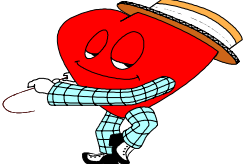
Happy
Valentine's
Day

February 2009

Troy Community Consolidated SD 30C

7-12 ENHANCED



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>PATTY MELT SANDWICH</p> <p>Corn Peach Cup Ketchup Cheetos Cracker Trax Milk</p> 	<p>3</p> <p>CHICKEN NUGGETS</p> <p>Hash Browns Applesauce Cup Whole Grain White Bread (2) Margarine (2) BBQ Sauce Ketchup Milk</p>	<p>4</p> <p>HOMESTYLE CHILI</p> <p>Mixed Vegetables Fresh Banana Corn Muffin Vanilla Creme Cookies Milk</p>	<p>5</p> <p>TERIYAKI GLAZED CHICKEN WITH FRIED RICE</p> <p>Tossed Salad Ranch Dressing Mixed Fruit Cup Whole Grain White Bread (2) Margarine (2) Soft & Chewy Oatmeal Cookie Milk</p>	<p>6</p> <p>PEPPERONI PIZZA</p> <p>Fresh Sliced Apples Carmel Dipping Sauce Grape Juice Milk</p>
<p>9</p> <p>SPAGHETTI W/MEATSAUCE</p> <p>Mixed Vegetables Applesauce Cup Garlic Bread Milk</p>	<p>10</p> <p>HOT DOG</p> <p>Hash Browns Blended Fruit Juice W. Grain Hot Dog Bun Mustard Ketchup (2) Whole Grain Honey Wheat Pretzels Milk</p>	<p>11</p> <p>BREADED CHICKEN FILLET</p> <p>Green Beans Fresh Orange W. Grain Hamburger Bun BBQ Sauce Vanilla Cupcake Milk</p>	<p>12</p> <p>SALISBURY STEAK WITH GRAVY</p> <p>Mashed Potatoes Pear Whole Grain White Bread (2) Margarine Valentine's Day Cookie Milk</p>	<p>13</p> <p>Half Day</p>
<p>16</p> <p>PRESIDENT'S DAY</p>	<p>17</p> <p>CHICKEN TENDERS W/ POTATO WEDGES</p> <p>Pear Cup Corn Muffin Ketchup (2) BBQ Sauce (2) String Cheese Milk</p>	<p>18</p> <p>MEATBALL SUB</p> <p>Fresh Broccoli Fat Free Ranch Dressing Grape Juice W. Grain Hot Dog Bun Mini Pretzels Milk</p>	<p>19</p> <p>CHEESY CHILI NACHOS</p> <p>Corn Fresh Apple Whole Grain Tortilla Rounds Soft & Chewy Chocolate Chip Cookie Milk</p>	<p>20</p> <p>PEPPERONI PIZZA</p> <p>Fresh Baby Carrots Ranch Dressing Apple Cranberry Juice Vanilla Creme Cookies Milk</p>
<p>23</p> <p>ROTINI BAKE</p> <p>Green Beans Peach Cup Soft Breadstick Sourdough Pretzel Nuggets Milk</p>	<p>24</p> <p>MEATLOAF WITH GRAVY</p> <p>Mashed Potatoes Apple Juice Whole Grain White Bread (2) Margarine (2) Milk</p>	<p>25</p> <p>LOWFAT TSTD CHS ON WHEAT</p> <p>Tomato Soup w/ Noodles Fresh Banana Soft & Chewy Sugar Cookie Milk</p>	<p>26</p> <p>POPCORN CHICKEN W/POTATO STARS</p> <p>Fresh Orange Whole Grain White Bread Margarine BBQ Sauce Ketchup (2) Chocolate Chip Muffin Milk</p>	<p>27</p> <p>Teacher's Institute No School</p>
				

"This institution is an equal opportunity provider." ***Menu Subject to change. Preferred Meal Systems does not purchase or produce harmful products containing artificial trans fat. However, some products such as beef and cheese contain naturally occurring trans fat which is not harmful.